



**Do you have two hours to spare once a week?  
That's all it takes to help a local family.**

### **What is Volunteer Family Connect?**

Volunteer Family Connect is a home visiting program for parents of young children, which is delivered by **trained volunteers**.

Volunteer Family Connect links a volunteer with a local parent who has identified that they need some extra support in their parenting role.

Volunteers may assist parents in adjusting to a new baby, coping with multiple children, overcoming feelings of isolation and frustration, or help with many other factors that can overwhelm parents and carers.

Volunteers will provide respectful and confidential supports to families. Training and supervision are provided to support Family Connect Volunteers in their roles.

**We are enlisting volunteers now** for Volunteer Family Connect.

If you would like to join this worthwhile local program, please call Lisa at MSS on 6551 1800.

