

# CIRCLE OF SECURITY

Parenting Program



**MONDAYS**

**14 May – 9 July 2018**

Imagine what it might feel like if you were able to make sense of what your child was really asking from you. The Circle of Security parenting program supports and strengthens secure parent-child relationships.

Circle of Security will be run in conjunction with a healthy cooking program. Families will prepare a meal to take home each week.

**When:** Every Monday for 8 weeks

**Time:** 10.00am – 12.30pm

**Location:** CWA Hall, 108 Church Street, Gloucester

**Morning tea and child care provided.**

**To register please phone: 02 6551 1800**

**A relationship based program promoting secure attachment between parents and children**

**Secure children have better self-esteem & relationships and are better able to handle difficult emotions**



*Empowering people,  
Strengthening Communities*

**Ph: 02 6551 1800**

**[www.mssinc.org.au](http://www.mssinc.org.au)**

Manning Support Services Inc.