

TUNING IN TO TEENS

Emotionally Intelligent Parenting



1 MARCH - 5 APRIL 2018

Tuning in to Teens is a 6 week program for parents and carers of children 10 years and over. This program provides parents with a greater understanding of their teen's emotional experiences while teaching specific skills that can assist in being supportive and staying connected.

When: Every Thursday for 6 weeks

Time: 10.00am – 12.30pm

Location: Parkside Building - Fotheringham Park,
Victoria Street Taree

Morning Tea provided

Phone: 02 6551 1800

“Help your teen to understand and regulate their emotions”

“Improve your child’s self-esteem”

“Reduce challenging behaviours”



*Empowering people,
Strengthening Communities*

Ph: 02 6551 1800

www.mssinc.org.au

Manning Support Services Inc.

Funding for this program is provided by the Department of Family and Community Services